# TOWN HALL Staff Resources & Opportunities

Human Resources & Staff Assembly



- 1. I am most interested in learning more about:
  - A. COVID- 19 Related Information/Updates
  - B. Health & Welfare/Behavioral Health Resources
  - C. Wellness Information
  - D. Professional Development
  - E. Other



#### Leaves

- UC Expanded Paid Administrative Leave (PAL)
- Extended time to use over the max vacation leave
- Temporary Approval to use accrued Sick Leave for Child Care Reasons due to COVID19 Extended June 1, 2021
- Catastrophic Leave Bank
- Amendments to the California Family Rights Act (CFRA) that became effective January 1, 2021

#### **Coming Soon**

UC's Pay for Family Care and Bonding program on track for July 1, 2021





# **Expired Leaves**

- Emergency Paid Sick Leave (EPSL, 80 hrs.) as of December 31, 2020
- Expanded Family and Medical Leave (EFML, 12 wks.) as of December 31, 2020









#### **COVID 19 Vaccination & Screening**

- No Cost for COVID 19 Vaccination for all Health Plan members.
- California Directive <u>Waived cost</u> for screening and testing of COVID 19
- COVID-19 Vaccination updates <u>UC's progress and policy.</u>
- Campus Ready COVID 19 Vaccination Information
- Kaiser Permanente will provide vaccinations to anyone (members and nonmembers) according to the eligibility phases defined by the location or state, by appointment only and as supply allows.



#### **Behavioral Health Benefits:**

- depression
- anxiety
- alcohol or drug abuse
- eating disorders
- medication management
- development disorders



#### **Behavioral Health Benefits**

Mental health and physical health go hand in hand, so UC's medical coverage includes behavioral health benefits for mental health services and substance abuse treatment. Members can use their behavioral health benefits for sessions with counselors, psychologists or psychiatrists to address issues such as:

- · Depression and anxiety
- Alcohol or drug abuse
- Eating disorders
- Medication management
- Autism and pervasive developmental disorders

#### **Telehealth Services**

- All UC health plans offer phone and/or video options for getting medical and behavioral health advice and care.
- Health Plan's Response to COVID 19.
  - UC's health plans have enhanced their telehealth options and benefits for medical and behavioral care in response to COVID-19.



#### **Telehealth Services**

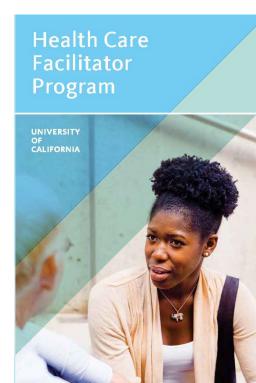
All UC health plans offer phone and/or video options for getting medical and behavioral health advice and care. Use the links and contact information below to learn more.



#### **Health Care Facilitator**

#### The Health Care Facilitator Program can assist you with:

- Understanding your insurance plan evidence of coverage booklet
- Medicare questions and problems
- Navigating your health plan systems
- Quality of care issues
- Escalated billing problems which you have been unable to resolve yourself
- Appeals and grievances
- Denial of treatment issues not related to enrollment/eligibility





#### Pandemic relief provisions and updates

FAQs about changes to UC benefits programs for pandemic relief

#### **Coming Soon**

• Discovery Benefits/WEX (UC's FSA administrator) is exploring a <u>Pandemic relief</u> for participants in Health and/or Dependent Care Flexible Spending Account (FSA) plans for 2020 and 2021. The goal is to help FSA participants avoid forfeiting contributions they made in 2020 and were unable to use due to the pandemic.



# Wellness/ Behavioral Health

#### **Insight EAP** (Employee Assistance Program)

- Select "Employee Resources" then on the link titled "Visit Personal Advantage" username: UCMerced and password: 10540 for access to thousands of articles.
- The INSIGHT resource specialist can assist you in researching and locating your specific needs.
- Monthly Newsletters posted on site

INSIGHT Employee Assistance Program Phone: (800) 422-5322

Email: insighteap@insighteap.com





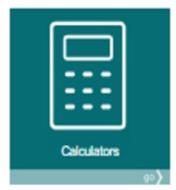






































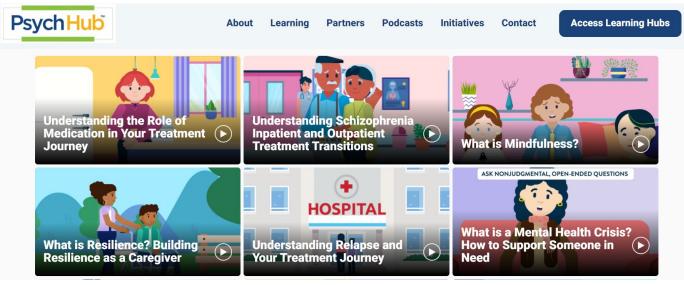




# Wellness/ Behavioral Health

- Psych Hub: A comprehensive online platform for mental health education.
- <u>Aunt Bertha</u>: Find food assistance, help paying bills, and other free or reduced cost programs, including new programs for the COVID-19 pandemic.







# Wellness/ Behavioral Health

<u>Diabetes Prevention Program</u>

#### **Additional Resources:**

- Bright Horizon Care Advantage
- <u>Tuition Discounts</u>
- Student Loan Forgiveness Program
- Homeowner/Renter/Auto Insurance
- UC Discounts

Say 'not me' to diabetes.

#### DIABETES PREVENTION PROGRAM



If you have prediabetes are at risk for developing type 2 diabetes, the **UC Diabetes Prevention Program** can help. It's a free, one-year program for all UC employees and their families that teaches you how to make meaningful and lasting changes that can drastically reduce your chances of developing diabetes. Take a one-minute test to see if you are at risk:

**DolHavePrediabetes.org** 

**Information Session:** Tuesday, 3/9/2021 5pm via Zoom Register at the link **here**.

Classes will start on: Tuesday, 3/16/2021 5pm via Zoom

For more information and to apply visit: recreation.ucmerced.edu/fitness/wellness

Contact us at: DPP@ucmerced.edu



## **Benefits Contacts**

Benefits@ucmerced.edu

Leaves@ucmerced.edu



As we consider the last year of work, with its changing dynamic, shifting environments, and ever evolving priorities, what development have you engaged in or how have you participated in developing yourself and your career? [select ALL that apply]

accepted or requested additional stretch or temporary assignments
attended, watched or participated in a UC Merced development offering
attended, watched or participated in a UCOP/UC systemwide offering
attended, watched, or participated in a professional society webinar, zoom, discussion, or podcast
haven't done anything because there's no bandwidth
haven't accessed anything because my supervisor has not approved development
haven't used anything because there's nothing offered of interest
read an article or a book that was related to my current work, professional goals, or career path.
taken on additional responsibilities or project responsibilities
taken some time to review professional societies, organizations, or similar sites



return meetings normal new expectations covid19 health managing burnout remote person coming morale important safety mental issues balance change less backfiling support positions care planning family community unrealistic

# What is Talent Development

Development takes many forms – contrary to popular belief, not all of it takes place in a classroom or in concurrent conference sessions.

Stretch assignments

Rotational assignments

Project lead assigments

Job Shadowing

Informational Interviews

Volunteer opportunities





# **Talent Development**

Talent Development offers innovative and accessible learning and developmental opportunities to support employee growth and organizational effectiveness as we work to shape, together, our UC Merced campus community.







We provide programs, services and tools



We provide **experiential learning** opportunities



Log in to the

<u>UC Learning Center (UCLC)</u>

to register for trainings
and complete online courses.

https://hr.ucmerced.edu/hr-units/talent-development



# TD Offerings – did you know

CDCs – Career Development Connections

**Developing Our People** 

ES - UC Merced Engagement Series [coming 2021]

Keep Calm and Remote On

LIL - LinkedIn Learning

NEWT – New Employee Welcome and Touchbase

NEO – New Employee Orientation

P2 – Peak Pioneers

SCP – Supervisory Certificate Program [ending 2021]

NLO – New Leader Onboarding [coming 2021]

LN – Leadership Now? [coming 2021-2022]





# **UCOP** and Systemwide Offerings

MDP – Manager Development Program

MSAP – Manager Skills Assessment Program

UC CORO – UC Systemwide Leadership Collaborative

UCWI – University of California Women's Initiative

UC Staff and Leader Development Programs

OF Of the CALIFORNIA President





# **Conflict Resolution Coaching**

Conflict can be difficult and stressful for all of us. While we can't stop conflict from happening, we can help make conflict easier and more productive. The Conflict Resolution Coaching program's mission is to be a private partner for UC Merced employees to encourage and inspire change and action in times of challenge and conflict.



https://hr.ucmerced.edu/conflict-resolution



#### Office of the Ombuds

The Office of the Ombuds is a safe confidential and informal place where UC Merced community members can go for informal assistance with managing conflict, complaints, and concerns with a colleague, classmate, supervisor or anyone else on campus. The Ombuds will listen; help identify options; make inquiries and make referrals as appropriate; and/or facilitate resolutions in an impartial manner.

https://ombuds.ucmerced.edu/



#### **Contact Us**

HRTraining@ucmerced.edu

UNIVERSITY OfficeOF of theCALIFORNIA President

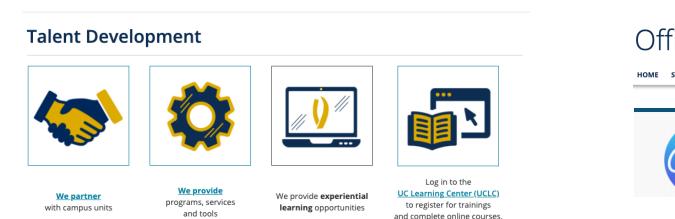




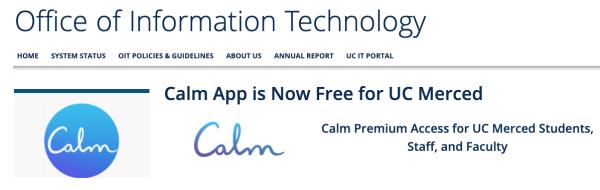
#### **Resources You Will Use**

Now that you know more about campus support resources around benefits, development, burnout, or work/life balance, which are you planning to use?

#### please select ALL that apply



https://hr.ucmerced.edu/hr-units/talent-development



https://it.ucmerced.edu/CalmApp



Which of the resources covered today will you reach out for assistance, take part, or research for your own need? [select ALL that apply]

Career counseling
Conflict Resolution Coaching
Individual guidance from HR units
Insight EAP
Leaves
LinkedIn Learning
Office of the Ombud
Supervisor/Manager for guidance
UCLC resources/courses
UC Merced Talent Development offerings (CDCs, Peak Pioneers, Engagement Series, etc.



#### Prior to this discussion/overview:

- ☐ I knew where to access these resources and information
- ☐ I knew where to access these resources, but still have more questions
- ☐ This was helpful and new to me

How would you like to continue obtaining more information around these resources?

- ☐ Update Articles (Monday Memo, UCM Connect, Etc.)
- ☐ Scheduled Workshops
- ☐ Current news updates via HR's website
- ☐ Through my supervisor/department



## **Town Hall Resource Summary**

**Diabetes Prevention Program** 

Bright Horizon Care Advantage

<u>Tuition Discounts</u>

Student Loan Forgiveness Program

Homeowner/Renter/Auto Insurance

**UC Discounts** 

UC Expanded Paid Administrative Leave (PAL)

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COVID 19 Vaccination & Screening

UC's progress and policy.

Campus Ready COVID 19 Vaccination Information

**Behavioral Health Benefits:** 

Telehealth Services

Health Care FacilitatorPsych Hub

**Aunt Bertha** 

**UC Merced Engagement Series** 

Peak Pioneers (P2)

Career Development Connections (CDCs)

Career Advancement Mentorship Program (CAMP)

**Developing Our People** 

**Build Your Network (BYN)** 

Keep Calm and Remote On

Office of the Ombuds

**Conflict Resolution Coaching** 

UC Systemwide offerings (CORO, UCWI, MSAP, MDP)



# UNIVERSITY OF CALIFORNIA STAFF ASSEMBLY

## **About Staff Assembly**

#### Mission

UC Merced Staff Assembly is an organization for staff dedicated to promoting the interests and well-being of all staff members. Staff Assembly supports the University's mission by providing forums for staff at all levels to communicate on issues of mutual concern, helping create educational opportunities and offering exciting activities for interaction among staff employees.

#### **CUCSA**

Staff Assembly is a branch of the Council of University of California Staff Assemblies (CUCSA), which was formed in 1974 to improve communications between UC administration and staff. Our president and vice president represent our campus on CUCSA, which presents staff perspective and recommendations on university initiatives to the Office of the President. CUCSA has also made presentations to the Regents on various issues such as fee waivers for staff and their families, domestic partner benefits, diversity, succession planning and the staff advisor to the Regents.

#### **Objectives**

The UC Merced Staff Assembly is officially recognized by the Office of the Chancellor as an independent advisory body to the University administration on issues of concern to staff.\* The purpose of the UC Merced Staff Assembly is to:

- Promote effective communication between campus employees.
- ► Participate in decision making regarding issues of interest to staff.
- Foster professional contacts and mentoring among staff.
- Recognize and celebrate the rich diversity of backgrounds and contributions that staff offer in support of the University's mission.
- Encourage professional growth and advancement.

\*The UC Merced Staff Assembly does not function as a collective bargaining unit.



#### Campus Resources



#### Office of Equity, Diversity and Inclusion

Meet the Associate Chancellor & CDO About Values Accountability Events Funding Resources & Partners COVID-19 Resources

Racial Trauma Resources Learn more Initiatives Affinity Groups Advisory Groups EDI Newsletters







# Staff Opportunities - Campuswide Committees / Workgroups

In support of Staff Assembly's mission to participate in decision making on issues and matters of interest to staff, the UC Merced administrators contact the Staff Assembly to request nominees to serve on various campus committees.

#### 2020-2021 Committees / Workgroups

- Chancellor's Advisory Committee on the Status of Women - Representative: Sarah Hopkins-Chery
- Child Care Advisory Council Representative: Lauren Brackett
- Equity, Diversity and Inclusion Grant Committee -Representative: Yazmin Colin
- Transportation and Parking Advisory Committee -Representative: Katherine Brown
- Chancellor's Advisory Committee on Land Use -Representative: Alvin Cha
- Police Advisory Board- Representative: Priya Lakireddy
- Campus Advisory, Resources and Education (CARE) Advisory Board - Representative: Soceek Tchouboukjan
- ► People's First Workgroup Representative: Yesenia Curiel & Alvin Cha



# Staff Opportunities - Staff Assembly Committees Dress Up: UC Merced Day - Show Your Bobcat Pride!

It is through your support and volunteerism that Staff Assembly is able to offer events to the entire campus community. Although participation beyond general membership is not required, we encourage all of our members to get involved in one of the following committees below. Get involved today!

- ▶ Staff Appreciation Week Committee: Involvement March to June. Committee members help coordinate Staff Appreciation Picnic (food, decorations, location), tours, door prizes, tshirts, events such as the dodgeball tournament and ice cream social, flyers and announcements.
- Involvement February to June. Committee members duties include: coordinate selection committee meetings, manage nomination submissions, notification of Staff Excellence Award nominees, recognition during Staff Appreciation Week.













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Contact:
Ashley Summersetasummerset@ucmerced.edu
Molly Elazier melazier@ucmerced.edu



## Staff Assembly Executive Board

# Apply to be on the Executive Board

Self-Nomination forms will open early April

#### **Executive Board**



President
Campus Advocacy, Resources &
Education (CARE) Office
ycuriel2@ucmerced.edu

Yesenia Curiel



Alvin Cha
Vice President
Office of the Registrar
acha2@ucmerced.edu



Vanessa Hauser
Finance Officer
Housing
vhauser@ucmerced.edu



Aguilar
Finance Officer
Graduate Division
Imagana-aguilar@ucmerced.edu

Lorena Magana-



Brenda Rojas

Co-Chair for Communications

Office of the Registrar

brojas2@ucmerced.edu



Austyn Smith

Co-Chair for Communications
School Of Social Sciences,
Humanities And Arts
asmith37@ucmerced.edu



Co-Chair for Programs, Events, and Outreach Recreation and Athletics asummerset@ucmerced.edu

**Ashley Summerset** 



Molly Elazier

Co-Chair for Programs, Events, and Outreach
Chancellors Office
melazier@ucmerced.edu



Ian Cooke
Secretary
Finance & Administration
icooke@ucmerced.edu



Priya Lakireddy

Past President

Contracts and Real Estate
plakireddy@ucmerced.edu



#### Get Involved!

#### Why?

► We want to hear from you

#### How?

- Sign up for early notification for staff representation
- Join a Staff Assembly Committee
- Volunteer to represent Staff Assembly on a Campuswide Committee





#### **Get Involved in Staff Assembly**

We invite you to get involved by volunteering for a Staff Assembly committee or volunteering to represent Staff Assembly in a campus wide workgroup, taskforce, or committee. Your participation in these opportunities are a great way to network and develop your skills as well as giving back to the campus community through activism and decision making.

First Name *			
ı.			
Last Name *			
Email Address *			
Contact Phone			
Volunteer as a Staff Assembly Representative  In support of Staff Assembly's mission to participate in decision making on issues and matters of interest to staff, the UC Merced administrators contact the Staff Assembly to request nominees to serve on various campus committees. Staff can opt into a mailing list to receive notification of request for a staff representative on search committees, taskforce, campuswide committees and workgroups.  Yes, sign me up for this list!  Im a bit busy but will come back when I'm ready.			
Volunteer for a Staff Assembly Committee  Staff Assembly committees are made up of staff members who care about their colleagues across campus and decide to get actively involved. They are people like you. It is through your support and volunteerism that Staff Assembly can offer events to the entire campus community. Get involved today!			
Staff Appreciation Week Co  Staff Excellence Award Com			



staffassembly.ucmerced.edu